



Session Aims & National Curriculum Objectives

P.E.

Engage in activities that extend agility, balance and co-ordination

Work as a team to explore increasingly challenging physical activities

Combine sequences of movements using skills learned in previous in PE lessons

Discuss the importance of physical activity, health and fitness

Gain an understanding of how to be a 'good sport' and what it means to win or lose

Music

Help compose music for a specific purpose

Listen to quality live music and have a say in it's creative direction

Use the voice to sing original compositions with expression and emotion

Develop knowledge of chord progressions, melody and harmony in music composition

Learn about different musical genres and how different drum beats can define them

Literacy

Engage in the creative process by offering, refining and revising ideas

Choose effective song words and phrases that maximise impact on the audience

Apply known spelling, punctuation and grammar in the context of songwriting

Participate actively in collaborative, creative conversations, staying on topic and initiating and responding to comments

Develop performance techniques when performing the final composition to peers

*Reserve your 'Rock The Sport' date before August 2018 (quoting the code **RTSVC01**) to get a £50 Voucher off future bookings!*

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